

Katahdin Friends Ink

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Know....

You are never too old to set another goal or to dream a new dream.

C.S. Lewis









September 8—14, 2013 was this year's **National Direct Support Professional (DSP) Recognition Week.** In honoring that tradition this issue will focus on some of the many special accomplishments our DSPs have made.



DSP SPOTLIGHT



Alicia Clifford is a Community Advocate in the Lincoln area who brings a lot of heart and creativity to her work as a DSP. Alicia is continually looking for different community activities for the people she supports and is always working towards making connections and friends wherever they go. Alicia's positive attitude is infectious and her energy supports people to have a positive outlook, have confidence, and she

encourages people to overcome problems by having an optimistic attitude. Alicia is truly dedicated to the people she supports and to KFI and it shines through in all the work she does. She recently earned her Employment Specialist and Job Coach Certifications and is committed to supporting people to find meaningful employment in their community. Congratulations, Alicia, on your hard work to earn these certifications!



Alicia Clifford, Lincoln Community Advocate since 7/11/11

KFI South Growing by Leaps & Bounds

When KFI expanded south, we were thinking Portland. Instead, we have listened to the needs of people in this part of the state and will soon be supporting five people across both Cumberland and York Counties: in South Portland, Westbrook, Windham, and Sanford. KFI is providing both Home and Community Supports and is participating in the creation of many wonderful personal stories.

KFI South currently has 3 full time, one part time and one per diem employee scrambling to cover a varied list of supports for a diverse group of individuals spread pretty far and wide. The common denominator here is determination: the determination of each person we are supporting to take control of his or her life by making decisions, facing fears, reaching out to community, connecting with family, and getting things done. The success of these new supports has been in no small part due to the dedication and compassion of Joanne Pinsonnault and Autumn Phaneuf, the two new full time DSP's in the Sanford area.

Patty loves all the parts of her job but especially the cooking. Here she is weighing out the chicken nuggets for the lunch crowd.

Everyone Can Work!

As a result of the *Discovery Process*, KFI staff learned that Patty Wheeler's ideal job would involve food preparation and cooking, something she truly enjoys and attributes to her fond memories of cooking with her mother. Armed with this information, KFI Employment Specialist Lee Hockridge approached Dysart's Travel Stop in Lincoln to give Patty a shot at a trial work experience as a

Deli Clerk in their kitchen. Patty did so well that Dysart's offered her a regular job for up to twenty hours per week! Patty now prepares salads, sandwiches, pizzas & burgers; bakes yeast rolls and whoopie pies; weighs and wraps food; and helps with freight and stocking. Patty sums it up this way: "I love the people and all the different things I do at work—I love my job!"

\$

















KFI is on a quest to ensure that everyone – even people with the most significant disabilities has the opportunity to find meaningful employment. A customized employment process by which the interests and skills of people with disabilities can be matched with a community need for a small business or re-

source is one way to meet that quest. Often, people with significant disabilities have no credit history or experience with financial institutions for the purpose of securing business loans for start-up or expansion. KFI has created a \$25,000 Revolving Loan Fund to assist in these endeavors.

Riding on Bartered Time



Getting the barn ready for a new coat of paint.

David Knights loves horses and loves to work. Cassie Elia, at Wild Ivy stables in Bangor, has helped him marry his two loves into a win-win scenario. David volunteers his labor around the farm in exchange for riding time. When not riding David can be found painting, hauling brush, weed whacking or whatever needs doing!



David enjoys riding Henry after the work is done!

DSP Years of Service

KFI is very proud of our many DSPs who have dedicated themselves to our mission for so many years!

15 - 20 years: Dawn Heald, Ann Smith

10 - 14 years: Ellen Shorey, Kelly Morrow, Julie Potvin, Kathy Wing

5 - 9 years: Donna Moore, Cathy Gadue, Judy Fleming, Teri Farinaro, Donna Fortin, Heidi Vose,

Tamra Smith, Penny Burrill, Priscilla Morrison, Lori Isenberg, Jan Moore

We want to know what is your favorite part of your job?



Jan Moore, Millinocket Supported Living Facilitator since 4/25/05

"I enjoy having the opportunity to be a role model for people, help them gain skills and be more visible in the community." - Jan Moore

Jan Moore is a 10 year veteran DSP who excels in many areas of her job and has particularly good organizational skills. Jan uses these skills to support Jody and Corey in home management as well as helping them to navigate their community. Jan also serves as an advisor to the Katahdin region self-advocacy group Speaking Up For Us (SUFU).



Basil DeWolf, Lincoln Community Advocate since 11/7/11

"I have been working with Ed for about two years. I feel that he and I have made great strides in making his life enjoyable. My favorite time (or part) is with Ed on Sunday when we go to his church. He is well liked there and participates by taking the offering and often we sing together in front of the congregation. I don't consider being (working) with Ed as a job. Part of his program is to choose a place to have lunch after church and pick out his meal and he always says grace before he eats. When we travel

from place to place he listens to CD's and often uses the dash board as a keyboard while singing and laughing. "

Act as if what you do makes a difference. It does.

William James

Do you have an idea or something you would like to submit for our next issue? We would love to hear from you!

Questions or comments about our newsletter may be sent to:

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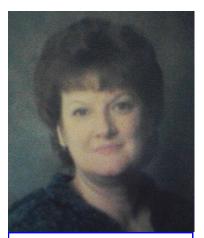
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We want to know.... What is your favorite part of your job?



Deb Davis-Gero, Lincoln Community Advocate since 7/18/13

The best part of my job, is being able to make a positive difference in some way. To see people smile is so heartwarming! "I like Fritz! I enjoy being with him and helping him make his life even more enjoyable than it already is."



Dawn Heald, Mattawamkeag Supported Living Facilitator since 12/21/96



Kara Schreiber, Orono Supported Living Facilitator since 2/25/10

"...the challenge of discovering new ways to do things, explain things, and support Liesel. "